

FOR IMMEDIATE RELEASE: March 17, 2016

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GLENDALE LIBRARY, PARKS AND RECREATION EVENTS AND ACTIVITIES FOR APRIL 2016

GLENDALE, Ariz. – The following featured events are offered by Glendale's Parks and Recreation and Library divisions in April. The programs are free unless otherwise stated. To see many more events and activities, please visit www.glendaleaz.com/ParksandRecreation and www.glendaleaz.com/library.

Software Upgrade Alert

Planned Outage Apr. 9-11

Due to a Community Services software upgrade, one of our primary reservation systems will be unavailable April 9-11. Unfortunately, Parks & Recreation will be unable to complete any transactions such as class registrations, facility memberships and park and facility rentals until the upgrade completion. The Glendale Public Library will also be unable to complete any meeting room reservations, payments or inquiries during this time.

Foothills 360 Youth Summer Program

Registration begins Monday, Mar. 28

**Program runs 7 a.m. to 6 p.m., Tuesday, May 31 - Friday, Aug. 5,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Give your kids ages 6-11 a memorable summer at this popular, supervised program where staff provide fun, age-appropriate programming in a variety of spaces within the facility. Parents, please be advised that all Foothills 360 sessions are drop-in programs and participants are able to come and go at their own will. Kids will enjoy swimming, rock wall climbing, gymnasium games, arts and crafts, guest speakers and active games. This Monday through Friday program fills quickly. Space is limited and available on a first-registered, first-served basis. You may register for one week or multiple weeks as long as space is available. Each child will need to bring a daily non-perishable lunch and snacks. Lunch and snacks can also be purchased at the on-site café. Weekly enrollment fees are \$110/week (non-residents \$145/week), with no pre-registration fees. There is no program on May 30 or July 4 (these weeks are prorated). All refund or cancellation requests must be made by Wednesday of the week prior to your scheduled attendance to allow for individuals on the wait list to be contacted. All cancellation/refund requests will include a \$25 processing fee per week, per child. For more information, call 623-930-4610 or visit www.glendaleaz.com/foothillscenter to register.

Sahuaro Ranch Site Tour

11 a.m., Friday, Apr. 1 & Saturday, Apr. 2, at the Sahuaro Ranch Historic Area, 9802 N. 59th Ave.

Learn about the various buildings, barnyard, trees and groves. Meet at the Main House front porch. Call 623-930-4201 for more information.

Learn to Teach Swim Lessons: Become a Water Safety Instructor

8:30 to 11 a.m., Saturday, Apr. 2 (Pretest)

5 to 8:30 p.m., Monday, Apr. 4, 11 & 18; Wednesday, Apr. 6, 13 & 20; Friday, Apr. 8 & 15

2 to 6:30 p.m., Saturday, Apr. 9

9 a.m. to 2 p.m., Saturday, Apr. 16

at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Learning to swim is a life-changing skill. Train to be a swim lesson instructor so that you can help change lives for the better. If you are 16 years or older, lifeguard certified, a good swimmer in all four competitive strokes and want to have a positive impact on countless lives, become a water safety instructor. The class is limited to a maximum of 20 participants, so register soon! The class is \$200 (non-resident \$250) and preregistration is required. Call 623-930-4615 or visit www.glendaleaz.com/foothillscenter to register.

April Activities/Add 1.1.1

SAT & ACT Bootcamps

**9 a.m. to 1 p.m., Saturday, Apr. 2 (SAT) & Apr. 16 (ACT),
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

These are intensive four-hour workshops for ages 13-18 that focus on strategy, how to take the test, and how to avoid the traps test writers set. Presentations are given with visual Power Point backup and students are provided a Basic Training Manual containing all of the workshop information including practice questions, tips and vocabulary lists. Bring a notepad and pencil to class. A snack and water bottle is recommended. Each workshop is \$89 (non-resident \$99) and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Mexican Tamales

11 a.m. to 3 p.m., Saturday, Apr. 2, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Learn to make traditional green chicken tamales and red pork tamales wrapped in corn husks. Tamales can be fun to prepare with family and friends and are a common Mexican food item for festivals, holidays and celebrations. Students will learn the techniques used to make a variety of tamales. Recipes will be included and students will take home their tamales. \$20 supply fee will be collected at class. Spanish on request. The class is \$34 (non-resident \$41) and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

***Tell Your Story: Mix It Up Art**

12:30 p.m., Saturday, Apr. 2, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Create art that tells a story using a variety of different art materials. Use paint, fabric, paper, objects and more to bring your story to life! All supplies provided. Ages 5-12. For more information, call 623-930-3437.

Rose Society of Glendale

1 to 4 p.m., Saturday, Apr. 2, at the Sahuaro Ranch Historic Area, 9802 N. 59th Ave. – Fruit Packing Shed

Enjoy a free display of roses of all sizes, shapes and colors grown by local gardeners, plus a free rose education seminar from 2 to 3 p.m. Call 623-930-4201 for more information.

Meet Author Beth Cato

2:30 p.m., Saturday, Apr. 2, at the Foothills Branch Library, 19055 N. 57th Ave.

Author of *The Clockwork Dagger* (a 2015 Locus Award finalist for First Novel) and *The Clockwork Crown* from Harper Voyager, Beth Cato will be available to talk to teens about writing, publishing, her books and more. For information, call 623-930-3837.

Yoga

Get focused, fit, and flexible!

Astanga Yoga

**12 to 1:15 p.m., Sundays for 8 weeks beginning Apr. 3,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

The Astanga method stresses daily vinyasa flow (linking breath with movement), breath and bandha (body energy lock). It is intended to realign the spine, detoxify the body and build strength, flexibility and stamina. Astanga is extremely popular and inspires fierce loyalty in its students. This vigorous, athletic style of practice appeals to those who want to clear and center the mind, want a challenging workout and like a sense of order. The class is \$59 (non-resident \$69) and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Yin Yoga

1:15 to 2 p.m., Sundays for 8 weeks beginning Apr. 3 or 10 to 10:45 a.m., Wednesdays for 8 weeks beginning Apr. 6, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Yin Yoga targets the deep connective tissues of the body, especially the hips, sacrum and spine. Yin asanas (postures) are more passive and mainly on the floor. Yin Yoga is unique as you are asked to relax in the asanas, soften the muscle and move closer to the connective tissues, offering a deeper access to the body. Flexibility decreases over time and Yin Yoga is a wonderful way to maintain your flexibility. The class is \$59 (non-resident \$69) and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

The Road to Publication: Crafting Your Query Letter and Pitching to Agents

2 p.m., Sunday, Apr. 3, at the Glendale Main Library, 5959 W. Brown St.

Writing query letters and pitching to agents can be daunting. Sometimes it's difficult to know where to start. In this Writer in Residence workshop, author Amy K. Nichols will tell you what makes for a compelling query letter, how to craft your "elevator pitch," and where and how to contact literary agents. If you plan to publish your novel traditionally, this workshop is for you. For more information, call 623-930-3530. This project is supported by the Arizona State Library, Archives and Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum and Library Services.

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April Activities/Add 2.2.2

Healthy Style Chinese Cooking

**5:30 to 7:30 p.m., Tuesdays for 6 weeks beginning Apr. 5,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

Learn the fundamentals of Chinese cooking. Discover what Chinese cooking is all about, the basic ingredients for Chinese cuisine, how to prepare Chinese cuisine, cutting techniques, and how to marinate poultry, meat and seafood. Class will participate in the making of Chinese egg rolls, pot stickers, wonton soup, tofu, stir-fried chicken breast, BBQ pork spare ribs, shrimp fried rice and more. Bring small containers to take your food home. Instructor will collect \$30 for supplies at the first class. The class is \$69 (non-resident \$79) and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Glendale Coffeehouse

6:30 p.m., Wednesday, Apr. 6, at the Foothills Branch Library, 19055 N. 57th Ave.

6:30 p.m., Thursday, Apr. 14, at the Glendale Main Library, 5959 W. Brown St.

Join us for live acoustic music from local musicians. Apr. 6: Greg LaCosse - folk, country and Irish; Clearwater Creek - folk. Call 623-930-3844 for more information. Apr. 14: Karmann and Kompany - folk, country, gospel, bluegrass, contemporary, blues and originals. Call 623-930-3573 for more information.

Sewing

**6:30 to 7:30 p.m., Thursdays for 6 weeks beginning Apr. 7,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

This is a great class for first-time sewers, ages 9-17, to learn practical skills. Create fun crafts while learning to use a sewing machine, as well as a needle and thread. Make a pillow case, drawstring bag, pajama pants, stuffed animal and more. Patterns and material will be provided for each project. Bring one spool of white and one spool of black cotton thread and a sewing machine (if available) with needles and empty bobbins to class. \$35 supply fee collected at the first class. The class is \$49 (non-resident \$59) and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Celebrate National Library Week

Sunday, Apr. 10 – Saturday, Apr. 16

“Libraries Transform” during National Library Week – and every week! If you haven’t visited the Glendale Libraries recently, there’s no better time to see all we have to offer. For more information about National Library Week, visit www.ala.org/conferenceevents/celebrationweeks/natlibraryweek.

Cake Decorating

11 a.m. to 3 p.m., Sunday, Apr. 10, at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.

Ages 11-17 can learn the basics of cake decorating. During this class, you will bake a cake, frost a cake with buttercream icing, learn to use the piping bags and tips, color the icing and decorate your cake. Not only are these cakes beautiful, they are delicious. Bring an 8” x 3” round cake pan. Instructor will collect \$10 supply fee at the class. The class is \$29 (non-resident \$37) and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

***Tell Your Story: Debate Prep and the Big Debate**

6 p.m., Monday, Apr. 11 (prep) & 18 (debate), at the Glendale Main Library, 5959 W. Brown St.

Teens will learn the ins and outs of debate, submit topics and partner up. Then, after a week of preparation, library staff and special guest judges will award the winning team in the Big Debate! Registration begins March 28. For more information or to register, call 623-930-3537 or visit www.glendaleaz.com/library.

***Tell Your Story: Story Stones**

4 p.m., Tuesday, Apr. 12, at the Foothills Branch Library, 19055 N. 57th Ave.

Use your imagination to create your story stones, and then use them with your friends and family to make up stories to tell and write. Ages 7-11. Registration begins April 4. For more information or to register, call 623-930-3837 or visit www.glendaleaz.com/library.

***Yellow Bird: Native American Storytelling, Music, and Dance**

6:30 p.m., Wednesday, Apr. 13, at the Foothills Branch Library, 19055 N. 57th Ave.

Enjoy an evening of Native American storytelling, enchanting flute music, and exciting hoop dancing performed by Yellow Bird. For information, call 623-930-3844.

Hip Hop - Adults

**6:45 to 7:45 p.m., Thursdays for 6 weeks beginning Apr. 14,
at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr.**

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April Activities/Add 3.3.3

Come have fun and learn about hip hop. Learn moves from the 80s, 90s, and today with a choreographed routine at the end. The class is \$39 (non-resident \$49) and preregistration is required. Call 623-930-4600 or visit www.glendaleaz.com/parksandrecreation to register.

Desert Tree Care and Demonstration

9:30 a.m. to 12 p.m., Saturday, Apr. 16, at the Glendale Main Library, 5959 W. Brown St.

This two-part class, taught by a certified arborist, will include an indoor presentation and an outdoor demonstration on tree planting, watering, and pruning. Register at 623-930-3760 or greenliving@glendaleaz.com.

Gaming @ the Teague

At the Velma Teague Branch Library, 7010 N. 58th Ave.

Challenge your friends and other teens and tweens! For more information, call 623-930-3437 or visit www.glendaleaz.com/library.

Teen Game Café (Ages 12-18)

12:30 p.m., Saturday, Apr. 16

Enjoy Wii and PlayStation game favorites. Board games including chess, checkers, and others will also be available. Snacks provided.

Tween Gaming (Ages 7-12)

6 p.m., Thursday, Apr. 28

Play a variety of video, board, and card game favorites. Feel free to bring along your own games. Each time you win, you'll receive an entry for a grand prize drawing at the end of the event! Registration required.

***Tell Your Story: Poetry Magnets**

4 p.m., Tuesday, Apr. 19, at the Foothills Branch Library, 19055 N. 57th Ave.

We're bringing back a favorite for teens! Come create your own set of poetry magnets. Registration begins April 5. For more information or to register, call 623-930-3837 or visit www.glendaleaz.com/library.

Getting Crafty with Miss Janet

4 to 5 p.m., Thursday, Apr. 21, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Come and join in the fun! Create a cool craft to keep or give as a gift. Crafters younger than six years old will need an adult helper. This month: Earth Day CD Turtle. For more information, call 623-930-3437.

Party for the Planet River & Trail Cleanup

7 to 10 a.m., Saturday, Apr. 23, at New River Trail, 99th Ave. & Northern Ave.

Join us for a volunteer project commemorating Earth Day hosted by the cities of Glendale and Peoria. Hundreds of volunteers are needed to assist with river and trail cleanup. For more information, call Glendale Neighborhood Services at 623-930-2663. Register at www.peoriaaz.gov/specialevents.

Glendale Empowerment Expo: A Resource Fair for Persons with Disabilities

9 a.m. to 12 p.m., Saturday, Apr. 23, at the Glendale Civic Center, 5750 W Glenn Dr.

Hosted by Glendale's Commission on Persons with Disabilities, this free event will connect local community members with nonprofits, community-based organizations and government agencies serving individuals with physical disabilities. The event will feature a resource and information fair, a town hall meeting to encourage public discussion, and awards recognizing the contributions of an individual and service provider who have improved the disability community in Glendale. For more information, contact smiller@glendaleaz.com, call 623-930-3433 or visit www.glendaleaz.com/boardsandcommissions/CommissiononPersonswithDisabilities.cfm.

Spectacular Spring Book Sale

10 a.m. to 4 p.m. (Roadrunner Room) & 10 a.m. to 2 p.m. (Hummingbird Room), Saturday, Apr. 23, at the Foothills Branch Library, 19055 N. 57th Ave.

Please join us for our huge semi-annual sale of books, DVDs and CDs in the Roadrunner Room! Our sale begins 2 hours before the library opens. We will also run a Buck-a-Bag sale in the Hummingbird Room (bags provided and sales are cash-only). All proceeds benefit the library. For more information, call Janet at 623-930-3854.

Decoupage Butterflies

4 p.m., Monday, Apr. 25, at the Foothills Branch Library, 19055 N. 57th Ave.

Each child will get a butterfly of their very own and small tissue squares to decorate it. Ages 5-8. Registration begins April 11. For more information or to register, call 623-930-3837 or visit www.glendaleaz.com/library.

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April Activities/Add 4.4.4

***Tell Your Story: Story Garden**

3:30 p.m., Wednesday, Apr. 27, at the Glendale Main Library, 5959 W. Brown St.

Design a miniature story garden with plants, moss, trinkets and stones; then come up with a story to go along with your mini paradise in a pot! Ages 8-11. Registration begins April 13. For more information or to register, call 623-930-3537 or visit www.glendaleaz.com/library.

***Telling It Like It Was: Interviews with Arizona Pioneer Women**

6:30 p.m., Wednesday, Apr. 27, at the Foothills Branch Library, 19055 N. 57th Ave.

Hear stories about early Arizona from interviews with pioneer women collected by the Federal Writers Project in the 1930s. Learn about the hardships and dangers they faced and overcame through tenacity and humor. Presented by Barbara Marriott. Co-sponsored by AZ Humanities. For information, call 623-930-3844.

Live at the Library: Jácome Duo

6:30 p.m., Thursday, Apr. 28, at the Glendale Main Library, 5959 W. Brown St.

The internationally acclaimed Chris and Lena Jácome return to thrill audiences with their stellar flamenco guitar and dance. Call 623-930-3573 for more information.

***Tell Your Story: Adventure Boxes**

10 a.m., Saturday, Apr. 30, at the Velma Teague Branch Library, 7010 N. 58th Ave.

Tell a visual story about your future or past travels on a beautiful box. Artist Christy Puetz will help you to creatively collage items like maps, embellishments, and personal photos to map out your travel memories or destinations. Age 16+. Registration required. For more information or to register, call 623-930-3430 or visit www.glendaleaz.com/library.

****Tell Your Story @ Your Library:** Tell Your Story programs explore storytelling in all its forms. Programs for all ages will take place throughout 2015-2016. This project is supported by the Arizona State Library, Archives and Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum and Library Services. For more information, visit www.glendaleaz.com/library.*

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